

THE CHANGARAWE PROJECT.

registered charity 1098215.

50 Chelsham Road,
London SW4 6NP.

0208 672 4591 changaraweuk@gmail.com

www.changaraweproject.org.

New address for correspondence:

41 Okeburn Road,
London SW17 8NP

SPRING NEWSLETTER 2010.

This year's Spring Newsletter is very personal and I hope you will bear with me.

In September 2009 we celebrated, with a wonderful party in Battersea Arts Centre, 10 years since the opening of the first Changarawe Project building, The Zawadi School, in September 1999.



Carolyn Walford
and Felistas Kalomo.



Felistas and
Luke Edwards-Stuart
drawing the raffle



Felistas, her daughter
Flora Mzei and Headteacher
Helena Mahidi singing.



Kasai Maasai performing.

Fundraising to build the Zawadi School began, however, 2 years earlier in 1997 following the visit paid by my family and I to visit our daughter Eleanor who was living in Changarawe and teaching in a local secondary school in Mzumbe. We met Felistas Kalomo, her neighbour, who told us about her desire to open a nursery school to enable mothers to be able to earn money, unencumbered by their children who were too old to carry and too young for primary school at 7. Half an acre of land was purchased in 1998 and fundraising continued in earnest to enable us to build the small school and open it in 1999 with an intake of 23 pre-primary children between the ages of 4 and 6. This rapidly grew to 60.

I have now spent more than 12 years fundraising and running what is now called The Changarawe Project, which, since registration by The Charity Commission in 2003, and with your steadfast and generous support has become an increasingly busy task.

Naturally, during that time, my personal circumstances have changed very much. In 1997, my daughters, Eleanor and Rose, were both in full-time education and my husband, Martin, and I were still working. I retired and sold Clapham Physiotherapy in 2003, Martin has also retired, Eleanor lives permanently in Spain and Rose lives in Oxford with her husband and baby. I have now had the joy of my bus pass for quite some time and my energy levels are, annoyingly, not what they were. In a quiet week I spend around 12 hours working on Changarawe business and at busy times at least 30. I feel myself to be stretched in too many directions and it's time my loving, patient and understanding and family came first.

I am also of the view that if we, the Trustees of the Project, are to continue to do the job we do, effectively and onwards into the future, the next generation should carry it forward. I believe that chief executives in all walks of life should step aside after 10 years.

I am therefore after a considerable amount of thought, standing down as Director and Chair of Trustees at the end of May and handing over the baton to our outstanding Trustees. I will not, of course, be walking away and will become President of the charity and remain as a Trustee. I will also, throughout the next 18 months, be acting as a consultant while they pick up and carry forward what I have been doing.

I am immensely proud of 'my' Trustees who are an exceptional group of people, six of them under the age of 40. I have no doubt they will work with great dedication to keep the Project, not only doing what we do now, but taking it on and developing it.



Luke Edwards-Stuart



Michael Roberts with Gaspar Ngulwa, Programme Officer.

The new Chair of Trustees is to be **Luke Edwards-Stuart**, who at the time of writing, is in Changarawe discussing the strategic plan for the next 12 months with Felistas and the rest of our team.

"My love for Tanzania started as a VSO volunteer in Mzumbe Secondary School, where I spent two happy years as a Chemistry teacher from September 1996 to October 1998. I have been teaching in London since 1998 and am currently the Director of Sixth Form at Paddington Academy, a new school which serves a socially disadvantaged and very culturally diverse community in West London.

I joined the board of trustees of the Changarawe Project in August 2006, having just completed an MA in Education and International Development. I take over as chair of the UK board in June 2010

Our finance Director will continue to be Trustee Michael Roberts who has done a superb job since helping to establish our charitable status in 2003.

"Coming from a City background I was, as a Chartered Accountant, the natural choice to run the finances, keeping the books and preparing the annual accounts. I have made two trips to Tanzania and work closely with Mary Fulgence, our local book-keeper, who reports monthly to me with all cashflows, budgets etc."



Kate Willoughby



Robert Watkinson



Rose Baylis



Tatyana Eatwell



Sarah Konopka

Kate Willoughby became a Trustee soon after her first visit to Changarawe with Rose in 2007. "I was familiar with the charity since its inception having gone to school with Rose Walford and we were also at university together. After graduating with a degree in Marketing and Spanish I went to NZ and studied a Masters in International Business. I now work for Business in the Community, a charity that works with big business to inspire, support and challenge them on their corporate responsibility My new role within the Project is to be UK management and Fundraising Coordinator".

Robert Watkinson became a Trustee in 2003 when we first achieved charitable status. "In 1997 and 1998, I worked as a volunteer teacher at two schools in the Morogoro region of Tanzania and while there I met Luke Edwards-Stuart, Eleanor Walford and Tatyana Eatwell. I graduated with a degree in Physics and Philosophy and now work for Portland, a communications consultancy with offices in London and Nairobi. I will lead on managing the Project's publicity and as assistant to Luke when needed".

Rose Baylis (nee Walford) was also one of our original Trustees. She graduated with a degree in Nursing and now works as a Senior Staff Nurse in neuro-intensive care at the John Radcliffe Hospital. She is currently on maternity leave following the birth of her son, Bear, in January. "I first went to Changarawe when I was 16 and my sister Eleanor was living there, so I have been involved with the charity right from the start. As a Trustee, I have visited Tanzania twice and have a particular interest in health-care and nutrition. I will continue with this role as well as giving general help where needed".

Tatyana Eatwell became a trustee of The Changarawe Project after visiting the Zawadi School with Caro Walford in 2008 and 2009. She is a barrister specialising in criminal law and human rights. "I first visited Eleanor Walford in Changarawe Village in 1997 when working as a teacher in Tanzania during my gap year before university. I have a Masters in Anthropology from Manchester University and previously worked in documentary film production. Since then I have maintained links with Tanzania, and have lived and worked in the Eastern and Southern regions of Africa on human rights based projects. In addition to my responsibilities as a trustee I play a general advisory role to Project and am on hand to contribute to the organisation of fundraising events as and when needed".

Sarah Konopka is our most recent Trustee appointment, following her work as our Credit Scheme (micro-finance) advisor in Changarawe for 10 months in 2008-9 and we are delighted to welcome her on board. "I am currently studying an MA at the Institute of Development Studies in Brighton and as I am fluent in Swahili am working as a Swahili-English Interpreter with Sussex Interpreting Services, a Brighton charity. Before coming to UK I was in Changarawe and I had previously been working locally in the Community Development Department at the Morogoro Municipal Office for two years as an HIV/AIDS and Community Health Education Volunteer with Peace Corps. Before moving to Tanzania, I worked at the U.S. Trade and Development Agency in Washington DC for 18 months, providing support to three regions, including Sub-Saharan Africa. I have a BA in English with an African Studies focus from George Washington University. My role within the charity is as a general helper with expertise in HIV/AIDS and local education".

Future Planning.

After a very successful visit to Changarawe in March this year by Michael Roberts and I, the future is looking secure and exciting. With my departure as Director and Chair of Trustees imminent, a formal Memorandum of Understanding was drawn up and agreed between the local NGO, run by Felistas Kalomo (The Childhood Trust Fund Development Fund Network "CDTFN"), with which we are affiliated in Tanzania, and The Changarawe Project. This clarifies all aspects of responsibility between the two parties for the future.

The Lloyd Fund Children.

Following the launch of The Nigel Lloyd Fund in 2004, in memory of my brother, we took 10 primary school-aged orphaned children in 2005 with the aim of supporting their educational needs throughout the rest of their schooling. We now add 25 children per annum and the total in 2010 is 132. In 2011, we will cap the fund at 150 children and keep it topped up to that level in perpetuity. The fund provides all their educational needs, starting with a mattress, sheets and a mosquito net and then annual supplies of school uniform, shoes, books etc to enable them to attend school. We pay their school fees at secondary level.

In 2008, **The Stationers Company** raised a large sum of money, which enabled us to open a library of textbooks and buy tables and chairs for the children to study at and do their homework. This is all housed in the Zawadi School building. These children tend to be at the bottom of the pile in their adoptive families, having to work hard helping at home, with very little prospect of taking time to study. We are absolutely delighted at the response from the children and we have 80 primary and secondary students who attend 4 times a week after school. Unfortunately, we don't have space at the Zawadi School for the rest of them to attend, so the attendees are confined to those who are either studying to get into secondary school, or are taking their O levels. We provide them with a meal as they might miss the family meal otherwise.

The need for this facility was brought home very clearly to us during our visit in March. While there are many excellent secondary schools in Tanzania, there are, as in many other countries, failing schools as well.

The secondary school in Changarawe Village is next to the Zawadi School and so most of our secondary students go there. This school was built around 5 years ago with government funding and, in addition, with contributions by all the villagers, so they are very proud of it. They have, however watched as more and more buildings have been half built over the last 3 years and remain unfinished for lack of funds. There are now 600 children attending the school, but there are only 5 full-time teachers, plus another 5 part-timers, so the children frequently sit in their classrooms with no-one to teach them and not enough books and equipment with which to teach themselves either. The children are receiving a very poor education and the villagers are extremely upset that in spite of their hard work and contributions this state of affairs exists.

Our Lloyd Fund children have already lost parents, and have struggled to continue their lives, but in spite of that they are bright, intelligent and ambitious. Without our support they would not be able to go to school, but school is letting them down.

They have formed themselves into a wonderful choir, they are writing and performing plays to educate their peers in HIV/AIDS awareness and they have a small art group developing. They deserve more.



The Art Group with some of their pictures. The Drama Group acting their play about AIDS.

We have therefore decided to help them more ourselves and are planning to build a designated Lloyd Fund Study Centre in which we hope to greatly increase the educational facilities for 'our' brilliant children. We want them to have the chance to go to university or take up professions or careers that will enable them to be future leaders of their community.

The Plan.

We purchased a beautiful acre of land while we were in Changarawe, quite close to the Zawadi School. Our recent volunteers, Lizzie Maybey and Rosamund Humphreys have very generously contributed 2/3 of the cost with funding they received from their school towards the Project - a tremendous start.



Our land extends from the 2 trees in the foreground for 1 acre, ending where the large tree is in the middle of the picture. There is a water supply and electricity close by and I think you will all agree that it is a lovely place.

However this is only a drop in the ocean of our plan. The cost of constructing the proposed-very simple - building, a perimeter fence, and then equipping it, is likely to be in the region of £30,000. We are awaiting 3 builders' estimates at the moment.

We envisage a much bigger library space with many more books, maybe a DVD player which can show tutorials and if possible, laptops and internet access. It will also include a 2-bedroom apartment for the 2 members of staff who currently rent small rooms in Changarawe as their homes are in Morogoro. In addition, there will be a large kitchen for the feeding programme and a toilet block, plus 2 extra rooms for the textile project and to house a caretaker.

We plan to use the main part of the proposed building as a homework space and an assembly room where we can hold the Bibi Club (Granny Club) monthly lunches, the fortnightly Lloyd Fund lunches, and it will be ideal for the Micro-credit Scheme seminars and the HIV/AIDS lectures and dramas.

This is all very ambitious, I realize, and I would very much like it to be my lasting legacy for the village. So, please, please, help us if you possibly can by supporting our fund-raising events,

buying the textiles - now available on line - or possibly setting up a small standing order if you don't already do so.

Our first big event towards this aim is our once-every-eighteen-months

Big Bazaar on May 5th

details are at the end of this missive.

It is also the last event with me as Director and I hope that lots of you will be able to attend and make it a bit of a party! There will be delicious refreshments available all day and a great selection of stalls from the UK and across the globe with a new event this time of an art exhibition with paintings for sale at reasonable prices. All stallholders and exhibitors will be contributing part of their takings to The Changarawe Project.

The Last Twelve months.

In July 2009, Marguerite Saker from Orlando, Florida, who, with her husband Stephen, is our fundraiser in America, visited Changarawe accompanied by her friend Kirstie Chadwick and Kirstie's daughter Nicky. Following their visit which they all enjoyed and found very moving, they have continued to fundraise in Florida and my mother and I attended an African themed event in Orlando last November. Money raised from this party, plus money from the Anniversary Party here last September has enabled us to replace the ageing school pick-up. We now have a super Toyota which everyone is thrilled with. During the year we have also built new staff toilets at the Zawadi School and increased the size of the kitchen to accommodate the greatly increased amount of cooking that now takes place.



Drought and Flood.

2010 looks to be the third year in a row that the crops will fail with severe floods in some areas and drought in others. In Morogoro Region it has been drought and the fields are full of barren and stunted crops of maize. Our feeding programme will be even more necessary this year.

Trustee Visits.

Felistas Kalomo and Headteacher Helena Mahidi visited the UK in September 2009, accompanied by Felistas' daughter Flora and we were able to have a big Board Meeting with all of the Trustees together. Caro Walford and Michael Robarts, as already discussed, visited Tanzania in March 2010 and Luke Edwards-Stuart is there now. At least 1 Trustee will be visiting in the Autumn. Once again our flights have been sponsored by wonderful **British Airways**. Mary Barry and Keren Lovett and the team at Waterside House are outstanding, charming and very helpful and have enabled us to keep up the necessary regularity of these visits. Thank you all so much.

Statistics in 2010.

We have 100 children in the Zawadi Pre-primary School, 60 orphans among them, the majority living with their grandparents.



Zawadi School children.



The Bibis and Babus dancing into the Zawadi School for a party.



20 Grandparents who are caring for their orphaned grandchildren earn small amounts of money through storytelling to the children at the Zawadi School, gardening in the school and growing vegetables, or through their own micro-credit scheme. **Another 8** who are very frail join them for the monthly Bibi Club lunch party.

The Lloyd Fund Orphans now total 132 with 80 using the library on a regular basis.

The Micro-credit Scheme is going very well with 150 people receiving credit every year at a much lower rate of interest than all other similar enterprises in the area. The interest we receive goes into the *General Fund* which runs the school.

The Textile Project is continuing to produce lovely bags and aprons which are all available through our beautiful, newly upgraded web-site.

Thank you very much to Amardip Singh of Software Group, Nairobi for undertaking this job.

A Note.

The Changarawe Project is, as you all know, entirely voluntarily administered here in the UK and is among a large group of small charities often referred to as "kitchen table charities". As a result of my now quite long experience of running one such charity I am aware of how effective we/they can be. We have minimal overheads, no UK salaries, no pensions, no rent. We get sponsorship whenever we can. We took the decision several years ago to remain small enough to continue to be compact in this way.

This means that all donated money truly does go into The Changarawe Project and reaches its destination in Tanzania. Administration costs are covered by the government Gift Aid scheme. We are very proud of this achievement and the Trustees are determined to continue in this way, hard though it sometimes is.

The advantages of doing as well as we can in a small way are now being recognized by much larger charities having seen what happens when too much money falls into the 'leaking basket' and there is a move in this direction by some of them too. As a small charity, we are able to work closely with people we have got to know well over a long period of time and we discuss all future plans together. We exchange visits twice a year.

This personal and intimate relationship with our Tanzanian colleagues will continue and I urge you all to please, please carry on supporting us.

The Changarawe Team.

I am incredibly proud of the wonderful way our team in Changarawe, lead by Felistas Kalomo run the project on the ground. We have 12 principal staff, plus the 2 cooks who come in for the library and the clubs. They are a very happy, united and dedicated group of people who work hard

and have brought about the success of what we do. They work closely together and the Zawadi School and the whole project has been recognized as a centre of excellence in the region.



Back row: Jonas Mbwila, Granny officer; Gaspar Ngulwa, Programme Officer; Peter Msigwa, Driver; Nazaeli Mbwambo, Teacher.

Middle row: Lucien Chamkulu, Orphan Officer; Denis Samwel, general helper; Mwanahamisi Gwebu, Teacher; Mary Fulgence, Book-keeper and Board member; Helena Mahidi, Headteacher; Susan Paul, Nurse.

Front: Felistas Kalomo, Tanzanian Director; Jaqueline, Caretaker.

And finally.....

I am most anxious to reassure you all that under the Chairmanship of Luke Edwards-Stuart the Changarawe Project will continue to function as well - if not better. It will maintain the ethos of voluntary service in the UK and they will all need your support during this changeover period and the huge task of funding the new Lloyd Fund study centre. *Please note the new addresses at the top of this Newsletter for correspondence, emailing and phoning.* The registered address remains the same.

A standing order form for the Nigel Lloyd Fund and a Gift Aid form are at the end of this newsletter if you feel able either to set up a standing order or make a donation to help us fund the new centre. *If you make a standing order please inform Micheal Robarts c/o the correspondence address, as the banks can be rather haphazard in their processing of these forms! Please send him the gift aid form too.*

Please join us if you can at the

Bazaar on May the 5th

at

15 Macaulay Road, Clapham, London SW4.

Starting at 2pm finishing at 9.30pm

A list of stalls and participants is here:

Painted Dogs Conservation selling beautiful wire sculptures from Zimbabwe made from snares for wild dogs.

Mi Mariposa selling hand embroidered cotton clothes for children and adults made by a woman's group in Ecuador.

Alicia Feetham's Beautiful textiles and other goods from Mali.

[Lyn Homan's](#) gorgeous clothes from India

[Francesca Rangoni's](#) Estate bottled organic olive oil and other products from her organic farm in Italy.

[Lucy Mackenzie's](#) handmade dressings using delicious oils from Suffolk

[Caroline de Rothchild's](#) handmade soaps from Hampshire

[Chloe Kingham's](#) pretty notecards from her own photographs

[Angelica Hermon's](#) decorated baskets

[Clapham Books](#) from Clapham High Street - a great bookshop.

[Chantal Mesnard's](#) handmade glass jewellery and clocks from Brighton

[Anne & Sarah James's](#) South African Cowskin nguni bags and beaded table runners and throws from Malawi

And last but not least..... affordable artworks from the [South Thames Art Group](#)

[Wines](#) for tasting and drinking are available [from Christopher Wells of New London Wines](#) and freshly made hot delicacies from Poland being served all day, made by [Pierogi](#). You will be able to make a meal from these if you want to stay and enjoy the party.

At the end of this newsletter you will find a copy of the Bazaar leaflet, which has details of all public transport to Macaulay Road. Please cut it out and pass it on to a friend, and do bring your friends with you to what should be a lovely event. Everything will be under cover in the event of rain, so don't be put off!

Thank you all for your wonderfully loyal support over the last twelve years. You have made it possible to do all that we do and when I visited in March I felt quite overwhelmed that we are making a small but positive contribution in a small place far away. Thank you so much from the bottom of my heart.

Carolyn Walford, Director and Chair of Trustees

April 2010



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50 Chelsham Road,
London SW4 6NP

Standing Order Request Form

To my Bank.....

Address.....

Account Name.....

Sort Code.....

Account Number.....

Please make a monthly/quarterly/annual payment of
£.....

Commencing..... To the following account:

The Changarawe Project Nigel Lloyd Fund

Bank: CAF Bank.

Sort Code: 40-52-40

Number: 00014158

Signature.....

Gift Aid Form

Title..... Surname..... Forenames.....

Address.....

Telephone.....

Email.....

I would like the Inland Revenue to treat all donations I make or have made since 1 June 2003 and until further notice as made under the Gift Aid Scheme.

Date..... Signed.....

Notes.

- 1) You must pay an amount of income tax and/or capital gains tax at least equal to the tax the charity reclaims on your donations in the tax year (currently 28p for every £1 donated)
- 2) You can cancel this declaration any time by notifying the Charity Commission
- 3) If in the future your circumstances change and you no longer pay tax equal to the tax the charity reclaims (see note1) you can cancel your declaration.
- 4) If you pay tax at the higher rate you can claim further tax relief in your self-assessment tax return. If you are unsure whether your donations qualify for Gift Aid tax relief ask the Charity Commission or ask your tax office for leaflet IR 65.

Please notify the charity if you change your name and address

THE CHANGARAWE PROJECT

charity number 1098215 www.changaraweproject.org

SPRING BAZAAR

Wednesday May 5th 2010

2-0pm-9.30pm

at

15 Macaulay Road, London SW4

Featuring fairly traded crafts and goods from around the world.

Art exhibition with affordable items for sale.

Delicious refreshments available all day.

Transport: Tube, Clapham Common; Bus, 137, 452, 77; Train; Wandsworth Road

The Changarawe Project, 50 Chelsham Road, London SW4 6NP.

phone: 0207 4986228.

email: caro.walford@btinternet.com

